

POST SHORTS

Recycling schedule



The residential and recycling pickup schedule for March 1 is paper. Put items in paper bags, boxes or bundles and place them on the curb.

RAB meeting scheduled tonight

The Installation Restoration Program will hold its monthly Restoration Advisory Board meeting 7 to 9:45 p.m., Feb. 23, at the Edgewood Senior Center on Gateway Road. The topic of the meeting will be an update on the Military Munitions Response Program.

Board meetings are open to the public; all APG employees and citizens are invited.

For more information, call the Information Line, 410-272-8842 or 800-APG-9998.

Anthony's Pizza temporarily closed

Anthony's Pizza in the AAFES Main Store will be closed through approximately Feb. 25.

MOAA offers scholarships

The Military Officers Association of America is offering 25 scholarships worth \$1,000 each to children of active, Guard and Reserve service personnel from the Army, Air Force, Marines, Navy, Coast Guard, as well as the Public Health Service and the National Oceanic and Atmospheric Administration.

Applications are available on the MOAA Web site, <http://www.moaa.org>. The deadline for submission is March 1 and winners will be notified in May.

Spouse's club holds Women's Conference

The APG Military and Civilian Spouses' Club will host the Third Annual Women's Conference March 11 at the Gunpowder Club in the Edgewood Area, designed to uplift, enlighten, motivate and strengthen women in their various roles as women, mothers, wives and invaluable contributors to their workplace and local communities.

The conference is open to all women and is not limited to those in the military community.

See SHORTS, page 4

ISSUE HIGHLIGHTS

Page 2

Crime Prevention Institute conducts training at APG

Job Corps teens tour APG

Page 6

Safe driving advice from DSHE

Page 8

MWR

Page 12

Health Notes

Page 13

Submitting body armor claims

CHPPM promotes Black history

Story and photo by
REBECCA CHISHOLM
APG News

The U.S. Army Center for Health Promotion and Preventive Medicine's Black Employment Program hosted a Black History program entitled "Celebrating Community: A Tribute to Black Fraternal, Social and Civic Institutions," Feb. 16 at the Gunpowder Club.

The program, organized by Brenda Clayton, Black Employment Program coordinator and former Freedom Rider during the Civil Rights Movement of the 1960s, began with a reading of "Lift Every Voice and Sing," a song by James W. Johnson that is also known as "The Negro National Anthem." It continued with speakers and readings, ending with a feast of traditional African American foods.

Speaking about genealogy, Eric Sheppard of the Edgewood Chemical and Biological Center told of his

search for his roots, traveling south to find where his slave ancestors were buried, and where other descendants were living.

He feels that his life's calling is helping others find their roots.

"When you find out what you're supposed to be doing, it brings a change, a comfort level and a fire in you," he said.

After heading down to Camden, N.C., to find his great-great-grandfather's headstone, he started meeting distant relatives.

"When you start tracing your roots," he said, "you'll find that you're related by blood or marriage to every black person in the county."

This led to a family reunion in 2003 and the publishing of a book about his journey. He now runs a foundation, "Slave Descendants Freedom Society, Inc." to help other families divided by slavery to find their relatives.

The second speaker, Tara

Andrews, Esq., represented "Justice Maryland," a program to keep African Americans out of prison. She and Kimberly

Haven of "Got Democracy" work together on programs aimed at making the criminal justice system more fair.

"The civil rights movement is far from over, we've just entered a new phase of it,"
See HISTORY, page 11



Panels telling the story of social upheaval during the civil rights movement of the 1960s are displayed with African artifacts at the Black History Program sponsored by U.S. Army Center for Health Promotion and Preventive Medicine's Black Employment Program Feb. 16 at The Gunpowder Club.

Two APG treatment plant employees plead guilty

U.S. Attorney's Office

Robert Lee Shewell, age 59, of Joppatown and Joseph Edward Ambrozewicz Jr., age 50, of Bel Air, pleaded guilty Feb. 10 to making false statements to the Army concerning a Jan. 14, 2001 spill of untreated, influent ground water at a ground water treatment facility at an Aberdeen Proving Ground Superfund site.

Old O-Field Groundwater Treatment Facility is a Superfund site of approximately 4.5 acres located at APG in which the Army years ago disposed of chemical warfare agents, munitions, contaminated equipment and other hazardous waste. Ground water at the site is contaminated by the hazardous waste. Because of the proximity of the site to the Gunpowder River and the Chesapeake Bay, contaminated water would leach from the

site into the Bay.

In the mid-1990s the Army built the ground water treatment facility. Contaminated ground water is pumped from extraction wells to the treatment facility where it is treated. Clean water is stored and later discharged into the Gunpowder River.

According to the statement of facts presented at their guilty pleas, Shewell and Ambrozewicz, who were the plant superintendent and plant engineer, respectively, at the Old O-Field Groundwater Treatment Facility, arrived at the facility on Jan. 14, 2001 in response to a security guard finding water pouring over the edge of a containment pit at the facility and flowing down the road and into the marsh adjoining the Gunpowder River. At the time of the spill, the defendants were employed by Maryland Environmental Service which contracted with the

Army to operate the facility. When Ambrozewicz and Shewell learned on Jan. 14 that the spill was of influent, untreated water, they covered up that fact and instead, informed the Army that the spill was of effluent, treated water.

According to the statement of facts the men: made false entries in a daily journal which the Army required the facility to maintain; replaced an unbroken valve on a tank storing treated water so they could claim that the valve had been broken and was the source of the leak; and falsified records to alter the levels of stored effluent water.

"While no proving ground employees were directly involved in this specific instance," said Col. John T. Wright, Garrison and deputy installation commander, "this episode can serve as a reminder to us all that envi-

ronmental protection is an important matter. When in doubt, stick to our Army values and do what is right, legally and morally."

Shewell and Ambrozewicz face a maximum sentence of five years imprisonment, and/or a \$250,000 criminal fine. U.S. District Judge Catherine C. Blake scheduled sentencing for Shewell and Ambrozewicz for April 3 and April 5, respectively.

"We strongly encourage and, in fact, expect people to report incidents timely and accurately," said Tim J. McNamara, director of APG Safety, Health and Environment. "While unfortunate, accidents and incidents are expected to occur on occasion, the important thing is that we all take immediate measures to protect people, property and the environment, and fulfill our mandated reporting requirements."



Photo by RANDY REXRODE, DSHE

David Backert, right, motorcycle instructor, rides the APG motorcycle course to show students how to maneuver during an exercise.

Motorcycle training required to ride on installation

DSHE

There will be safety checks at Aberdeen Proving Ground gates for proof that motorcycle riders have taken an Army approved Motorcycle Safety Foundation motorcycle safety course.

"The Department of Defense has taken notice of the number of accidents and deaths related to motorcycles, which have been occurring on and off DoD installations," said Randy Rexrode, Safety and Occupational Health specialist, Directorate of Safety, Health and Environment. "They have sent out instructions in the DoDI 6055.4, DoD Traffic Safety Program, and the Army has established procedures in AR 385-55, Prevention of Motor Vehicle Accidents, that all personnel who ride a motorcycle on DoD installations will complete a mandatory motorcycle safety course and wear the proper personal protection equipment."

When entering the installation, riders must have proof that the rider has taken the MSF motorcycle safety course (the Basic Riders Course or the Experienced Riders Course) or the course given at APG.

Riders will need either the MSF wallet card or the MSF certificate for proof of taking any of these safety courses.

A card or certificate for a course which is not recognized as an MSF motorcycle safety course will not be proof to enter the installation and riders will have to take one of the above mentioned courses prior to entering and riding

on APG.

Riding apparel

All riders must comply with the DoDI 6055.4 and AR 385-55 by wearing an approved Department of Transportation helmet, full fingered gloves, long pants, long sleeve shirt or jacket, leather boots or shoes over the ankle and safety eye protection such as safety glasses, goggles or face shield attached to the helmet even if the motorcycle has a windscreen. Riders will wear brightly colored clothing during the day and reflective garments from dusk to dawn.

Should a rider not have the proper riding clothing on, they will not be allowed to enter the installation.

"There will be no waivers issued to riders for the above course and clothing requirements," Rexrode said.

The Installation Safety Division has scheduled classes for military personnel, government employees, family members, retirees and contractors in need of motorcycle safety training.

Contractors have been approved to take the course and will follow the same requirements as the military personnel and government employees when requesting to be scheduled for the course or riding on APG.

The course is free to all personnel. Military personnel and government employees are not to be charged leave to attend this training, said Rexrode.

The course starts at 7 a.m. and runs until

See CYCLE, page 13

New recruiting program rewards Soldiers \$1,000 for referrals

USAREC

The U.S. Army Recruiting Command instituted a new referral program to bolster Army recruiting Jan. 18.

Soldiers who make a referral through the Sergeant Major of the Army Recruiting Team, or SMART, system may be eligible to receive a referral bonus of not more than \$1,000 for the referral.

The Referral Bonus Program is a pilot program that will be in effect until Dec. 31, 2007. Soldiers in the Regular Army, the Army Reserves and the Army National Guard to include guard and reserve Soldiers on active duty are eligible to participate. Referrals may be from any component of the Army and do not have to be in the same component as the referring Soldier.

Referral eligibility

Soldiers may receive the referral bonus for referring anyone that has no previous military service but they may not refer a member of their immediate family.

Immediate family members are defined as spouse, parent (including stepparent), child (natural, adopted, or stepchild), brother or sister.

In addition, the person referred may not currently be in any stage of processing for enlistment; for example, an appointment must not have been conducted by a recruiter.

Ineligibility

Soldiers not eligible for the program include any member of the Regular Army, Army Reserves, or Army National Guard who is serving in a recruiting or retention assignment; receiving Special Duty Assignment Pay for recruiting or retention duties; or is assigned to duties in which eligibility for a bonus could be perceived as creating a conflict of interest. These include detailed or cadre recruiters, contract recruiters, General Schedule (GS) recruiters, company commanders, first sergeants, battalion and brigade commanders and

See BONUS, page 11



Maryland police units converge on APG for training

Story by
YVONNE JOHNSON
APG News

Current trends in crime was the focus of two days of training that drew more than 90 law enforcement officers to Aberdeen Proving Ground's Post Recreation Center Feb. 1 and 2.

The State of Maryland Department of Public Safety and Correctional Services conducted the training at the invitation of APG's Directorate of Law Enforcement and Security.

Police officers and sheriff's deputies from Baltimore, Prince Georges, Cecil, Howard and Carroll counties, as well as Maryland state troopers and Department of Transportation police attended the training.

APG community policing officer Mike Farlow said he completed the training as a requirement prior to assuming his current position.

"This is informative training designed to keep officers up to date on current trends in criminal activity," Farlow said, adding that he was

so impressed with the information exchanged that he "wanted to bring it here to Harford County."

Farlow discussed the idea with DLES director Robert J. Krauer and Maj. Joseph Darabasz, chief of Police Services Division, and received approval.

"We provided the facility and the state provided the trainers," Farlow said.

Led by Bruce Lohr, youth/crime prevention specialist with the Maryland Community Crime Prevention Institute, the training focused on drug and gang activity and sex crimes, particularly those affecting children.

Lohr, a retired Howard County police officer, said the institute conducts training throughout the state.

"When you get groups like this together you get an exchange of valuable information," he said, noting that subjects are based on input from police officers.

"They know best what they need,"

he said. "Some have never received training like this."

Instructors include subject matter experts, educators, medical personnel and others who discuss everything from Internet crimes and sexual predators to child abuse signs and prevention, including bullying.

"Bullying is becoming a problem in schools and in neighborhoods," Lohr said. "It ranges from verbal to physical and usually results in some level of violence."

"What's important to remember is

that trends move from place to place. A problem on the Eastern Shore might not be a problem in central Maryland today but it could be down the road. Officers need to know what signs to look out for which makes this exchange of information so vital."

Lohr was assisted by Ann Thacker, youth crime prevention specialist; Laura Phelps, regional coordinator and Cpl. Matt Tams from the Howard County Child Abuse Sex Crimes Unit.

Tams said that training is intentionally graphic.

"It's hard to teach without offending people, but the knowledge needs to be out there," he said. "Now with the Internet, crime travels even faster, which makes this kind of training even more important."

"Basically, we give them the information and tools so they can see from all perspectives," Tams said.

Thacker, a former Drug Abuse Resistance Education officer who

lives in the APG community, assisted Farlow in setting up the two days of training. She said the feedback from officers completing the course is always positive.

"Their evaluations tell us what they thought about the program and give us insight as to how we can improve it." She said. "Overall it's very positive."

Marilyn Dudley, an officer with the Aberdeen Police Department, who serves as the school resource officer in Aberdeen High School, agreed.

"It was relevant and had good information," Dudley said. "We need more training like this in such a diverse community with military families moving in and out so parents can be better informed."

"It was totally relevant," added Aberdeen police officer Michael Palmer. "We see a lot of what they talked about every day, especially the problems with guns. I'd like to see more training like this throughout the departments."



Job Corps teens look at APG for Army careers



Joe "Ski" Krukosky, Zone 3 leader in the Directorate of Installation Operations Carpenter Shop, right, demonstrates a cutting technique to youths from the Wilmington Job Corps Center in Delaware during the group's tour of Aberdeen Proving Ground organizations Feb. 2.

Story and photo by
YVONNE JOHNSON
APG News

A group of inner city youths from the Wilmington Job Corps Center in Wilmington, Del., came to Aberdeen Proving Ground to learn about career opportunities available through government service during a daylong tour of installation organizations Feb. 2.

Barry Decker, APG Garrison operations, led the group as they observed civilians at work in the Directorate of Installation Operations and watched Soldiers training in the U.S. Army Ordnance Mechanical Maintenance School facilities.

After a briefing by Decker

in the DIO conference room, the tour began in the Graphic Information Systems Center in building 4304.

Dan Wheeler, GIS consultant, briefed the group on how the staff uses aerial photography of buildings and structures, mapping systems, blueprints and other computerized programs to accomplish their mission.

"This information is used frequently for planning, construction, evaluation and other operations," Wheeler said.

"For fires and other emergencies, the center lends a great amount of assistance to emergency responders," he added.

"With this equipment we

can also monitor the number of eagles in certain areas and control testing in nesting regions," he said.

"Careers in this field include data programming, data base monitoring and others, outside the Army, but you can get training for all of that in the Army," Wheeler said.

Accompanying the teens was Richard King, Job Corps facility maintenance instructor.

King said that the Job Corps Center, which has been in operation for one year and recently held its first graduation, provides self-paced courses for those seeking high school diplomas or GEDs and offers career training courses

in Facilities Maintenance, Food Service, Business Technologies and Health Occupations.

"We're non-residential, but we're located right in their neighborhood, and we do provide bus passes if needed as well as breakfast and lunch," King said.

A former Delaware National Guardsmen and scout master, King said that most of the attendees were his students, and that while some were looking at the military, most were undecided about careers.

"It's important for them to get out to places like this and see what kind of opportunities are out there," he said.

He credited Army recruiters, Michael Ford and Anthony Fitzgerald of the Wilmington Recruiting Main Station, for setting up the tour.

Ford said that as recruiters, they maintain a high visibility at the center as well as in local schools, giving presentations and arranging tours like this one.

"With APG being so close to home and a training post as well, this gives them a chance to see the type of things they can expect should they choose the Army as a career," he said.

The tour moved on to the DIO Carpentry Shop in build-

ing 332 where Joe "Ski" Krukosky, Zone 3 leader, showed them different types of saws and equipment, then to Cohen Hall, the OMMS Metal Working Facility where they were greeted by Sgt. 1st Class Nathan Miller, noncommissioned officer in charge of the Allied Trades Section. Miller had the youths put on goggles and gave a short safety briefing before leading a tour through the facility's training divisions. They observed trainees taking instruction and using various types of equipment in Oxyacetylene, Arc, Armor Plate and Auto Body welding classes.

"As metal workers we can be assigned anywhere in the world and we have an important mission in Iraq right now," Miller said. "Metal working is not just an Army term," he added. "Metal workers work on trains and in shipyards. Here, Soldiers as well as Airmen and Marines receive training in very marketable skills."

Before leaving, Miller showed the group a hallway display listing the Army Values.

"These are the values we instill in our Soldiers," he said. "Without values we cannot survive as an Army, just like businesses couldn't survive in

the civilian world. Values are something you need in your life no matter what you decide to do."

From there, the group stopped at the Aberdeen Athletic Center. Jeff Pettitway, facility manager, led them through the weight, Nautilus and cardiovascular rooms, explaining that the equipment, much of it state of the art, was for use by all government ID card holders, military and civilian.

After a driving tour of the installation that included the Patriot Village Housing Area, APG Police Academy, the U.S. Army Ordnance Museum, Post Commissary and Exchange and other areas, they stopped for lunch at the Post Dining Facility in building 4503, before departing the installation.

"I thought it was all very interesting," said Kareem Martin, 17. "I didn't realize there were so many different fields [in the Army]. It looks like you can get top training out of it."

He added that the Job Corps has changed his life in more ways than one.

"It not only teaches you a trade but how to grow up," he said," adding that he attends weekly 'Man-to-Man' meet-

See CORPS, page 7

APG News

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Photo by KHAALID WALLS

Airman 1st Class Jason Anderson puts the final screw in the sign designating building 4317 Air Force barracks William C. Ocker Hall on Feb. 16.

USAF detachment dedicates dormitory to historic NCO

OC&S

Building 4317, the newly-refurbished Air Force Basic Trainee dormitory, has been renamed William C. Ocker Hall in recognition of a pioneering enlisted Airman with ties to the Army.

Ocker Hall will house all Air Force non-prior service trainees until the detachment leaves APG in 2009.

"As an NCO [noncommissioned officer] who served in the artillery in combat, and later made lasting contributions to the development of the Army Air Corps and U.S. Air Force, Colonel Ocker was an ideal candidate for memorialization of the USAF student dormitory at Aberdeen Proving Ground," said Maj. Steve Pratt, the Detachment commander.

Ocker was born in Philadelphia in 1880 and enlisted in the Army shortly before the Spanish-American War. He served in the artillery in the Philippines, where he was captured during combat with insurgents and later released.

He became interested in aviation during an assignment at Fort Myer in 1909, and in 1914 became the third enlisted pilot in the Aviation Section of the Signal Corps. In 1917 he earned a commission, and shortly thereafter became the commander of the flying field at Essington, Pa. (the current site of Philadelphia International Airport).

Ocker later collaborated in the development of "blind flying" training aids, and in 1932 co-wrote the book, "Blind Flight in Theory and Practice," which was later adopted by the Army Air Corps as an instruction tool for pilots.

Ocker was anticipating retirement as a colonel when he died at Walter Reed Hospital Sept. 15, 1942.



Col. Tony Francis, commander of the U.S. Army Environmental Center, discusses installation sustainability with Col. Jamil Megid Jr., assistant military attaché at the Brazilian embassy, during Megid's visit to the center Jan. 26.

Brazilian officer's visit begins environmental cooperation

Story and photo by
NEAL SNYDER
U.S. Army Environmental Center

A Brazilian officer researching better ways for his country's military to manage the environment made the U.S. Army Environmental Center at Aberdeen Proving Ground his first stop Jan. 26.

Col. Jamil Megid Jr., assistant military attaché at the Brazilian Embassy in Washington, D.C., said he gathered "very good information" about how the U.S. Army organizes its environmental programs.

He plans to send the information to Brazil, "and suggest they send a team of experts ... to start some sort of exchange program, and also study having a similar structure for environmental issues in the army there," he said.

The Brazilian military does not have an organization like USAEC or its regional offices, Megid said.

"If we have good ideas you can use, you are welcome to use them. You don't have to

spend 30 to 40 years learning the same lessons we did," said Col. Tony Francis, USAEC commander. "We have the technical expertise we would be glad to share with you."

With Brazil's stewardship, a significant part of the Amazon basin, helping its military environmental program "would be beneficial to not just Brazil, but all of South America and the whole world in view of the richness of natural environmental resources in the Amazon basin," said Ken Juris, director of Legislative and Regulatory Affairs for USAEC. Most of the environmental work in the Brazilian Army is done by the Department of Engineering, roughly similar to the U.S. Army Corps of Engineers in its mission to build roads and waterways, Megid explained. The department is also in charge of military construction. In those missions, the department must take its impact on the environment into account, he said.

The Ministry of Defense has a cooperative agreement with several environmental agencies and non-governmental organizations posted on its Web site.

USAEC provides a broad range of products and services to implement the Army's environmental program in support of Army training, operations and stewardship. Its functions range from managing environmental cleanup to helping installations preserve their cultural heritage, helping the Army design its weapon systems to reduce environmental impact and putting strategies into effect to sustain the usefulness of training areas into the future.

Megid said he plans to visit the Corps of Engineers environmental programs and environmental divisions at several installations "to see what's happening on the ground."

"I hope it will be one more point in our relationship between the Brazilian army and the U.S. Army," Megid said.

Post Shorts

Membership in the APG Military and Civilian Spouses' Club (MCSC) or Military ID is not required.

The \$15 fee is non-refundable and covers registration, conference packet, choice of three workshops, refreshments and lunch.

Registration will be limited to the first 100 and will be on a first-come, first-served basis. The deadline to register is March 6.

This conference is an enrichment experience for women, therefore no children (including infants) will be allowed and no childcare will be available.

For more information and a registration form, visit the MCSC Web site, **www.nandes.net/womconf**, or call 410-836-5937.

Pet walk-in clinic

March 8

The APG Veterinary Treatment Facility is holding a Walk-In Clinic for vaccinations and micro-chipping 9 a.m. to 3 p.m., March 8.

Available services will include rabies and distemper shots for dogs and cats, and tests for kennel cough, leukemia, fecal exams and more.

There will be no sick call that day.

Micro-chipping of pets is mandatory for those residing on Army installations. Pet owners who cannot attend the Walk-In Clinic should call the VTF for an appointment.

The VTF staff would like to thank the community for all the donated pet food and cat litter it has received.

For more information, call 410-278-4604/3911.

POSH, ADR training scheduled

The Biennial Prevention of Sexual Harassment and Alternative Dispute Resolution training for appropriated and non-appropriated fund supervisors and all other civilian employees serviced by the U.S. Army Garrison, Equal Employment Opportunity Office is scheduled:

Aberdeen Post Theater, building 3245: March 8, May 3*, July 12, Sept. 20

Edgewood Conference Center, building E-4810: March 14, July 13*, Sept. 21

Supervisor training will be held from 8 to 10 a.m. and employee training will be held 11 a.m., 1 and *3 p.m.

*A sign language interpreter will be present on May 3 (Aberdeen) and July 13 (Edgewood), for the 3 p.m. training sessions only.

This schedule can also be found on the APG Garrison Intranet Homepage and the EEO Office Web site.

For more information, call 410-278-1131.

FEB sponsors 2-day retirement seminar

The Baltimore Federal Executive Board is sponsoring a pre-retirement course 8 a.m. to 4 p.m., March 14 through 16 (March 14 for CSRS employees, March 15 for FERS employees, and March 16 for both) at Battelle Eastern Science and Technology Center, 1204 Technology Drive, Aberdeen. Registration is required. To register by mail, send a check for \$98.75 with name, address, and retirement category (FERS or CSRS) to Federal Executive Board, ATTN: Retirement Planning, Suite 820A, Fallon Federal Building, 31 Hopkins Plaza, Baltimore, MD 21201. If paying by credit card, the price is \$100; visit **http://retirementsemin.mol-lyguard.com** to register.

The fee includes one day of specialized training for each retirement category and one day of financial planning and a catered lunch each day.

For more information, call Edward W. H. Kissinger, 410-252-3400 or Richard H. Howell, FEB, 410-962-4047

Irish Specialty Meal March 16

The Irish Specialty Meal will be held in the Aberdeen Area dining facilities, buildings 4503 and 4219 and the Edgewood Area dining facility, building E-4225, 5:30 to 7 p.m., March 16, for military personnel, family members, Department of Defense civilians, retirees and guests.

The standard meal rate of \$3.55 applies to any officer, enlisted member, and family member of sergeant or above, DoD civilian, retiree and their guests. The discount meal rate of \$3.05 applies to spouses and other family members of enlisted personnel in ranks private through specialist/corporal.

The Irish Specialty Meal menu includes: bean soup with ham, shepherd's pie, Dublin coddle (bacon and pork sausage), fish and chips, Irish stew, grilled Reuben sandwiches, steamed cabbage, shamrock green beans, seasoned carrots, boiled red potatoes, pickled beet and onion salad, Waldorf salad, assorted salad bar, hot rolls, assorted breads, assorted desserts, soft serve yogurt with assorted toppings, assorted condiments and assorted beverages.

Note: Menu is subject to change without prior notification.

For more information, call Edward Parylo or Ernest Green, 410-306-1393/1398.

Spring fling scheduled

APG's second Community Festival will be held April 8 at Capa Field. All community groups are invited to partici-

pate in the Spring Fling with a booth and/or activities.

Anyone interested may contact Pat Palazzi, event chair, 410-278-4685. The next meeting is Feb. 23.

2006 USO Guide to Washington, Baltimore

The USO of Metropolitan Washington 2006 Guide to Washington and Baltimore is available. This 18th edition of the guide is an invaluable resource for service members stationed, or on temporary assignment in the Washington metropolitan area. It provides a comprehensive listing of USO and military resources, information on sight seeing and recreation, maps, and general information on living in the area.

The guide is provided free of charge to members of the military and their families. To arrange to pick up multiple copies, call Fort Belvoir, USO Warehouse, 703-806-3555 or BWI Thurgood Marshall Airport, USO International Gateway Lounge, 410-859-3890.

Copies also are being distributed through area senior enlisted advisors. Single copies can be mailed for \$2 (shipping and handling).

For more information, call 703-696-4827.

Eligible officers encouraged to join PSYOPS

The Special Operations Recruiting Battalion (Provisional), Fort Bragg, N.C., is accepting applications for Civil Affairs and Psychological Operations officers candidates.

The PSYOPS Recruiting Battalion is searching for commissioned officers in year groups 1997 through 2003 to apply for Detachment Commands in Civil Affairs (38A) or Psychological Operations (37A). Both male and female officers from any career branch are encouraged to apply.

An Army Special Operations Forces Board (ARSOF) will convene in April 2006 to select the best candidates.

For more information, visit the Civil Affairs and Psychological Operations Recruiting Web site, **www.bragg.army.mil/CAPSYOP/**.

APG seeks volunteers

APG is currently seeking additional members for its Restoration Advisory Board.

Apply online at **www.apg.army.mil** by clicking on "Directorates," "Safety, Health & Environment," "Environmental Conservation and Restoration Division," "Restoration Advisory Board" and then "Application Form."

For more information and an application, call the Information Line, 410-272-8842 or 800-APG-9998 by March 15.

Mandatory Ethics Training

OSJA

On Dec. 27, 2005, Secretary of the Army Thomas White signed a memorandum reaffirming and continuing the requirement for annual ethics training for every Soldier and Army civilian employee. White also stated that every Soldier and civilian employee involved in the acquisition process will receive an additional hour of ethics training to address recurring and emergent acquisition and contracting issues.

This training is mandatory and must be completed by the end of the calendar year.

The Office of the Staff Judge Advocate will conduct sessions for the next several months.


The training will be offered at the Post Theater and the Edgewood Conference Center, building E-4810. At the completion of each session an official attendance card will be provided. Each attendee should turn the cards into their organization's POC.

Ethics training at the Post Theater will be held 9 a.m. and 1:30 p.m. Feb. 28; 6 a.m. March 14; and 9 a.m. and 1:30 p.m. on March 15, April 18, May 11, June 6, July 18, Aug. 10, Sept. 14, Nov. 14 and Dec. 1.

Scheduled ethics training at the Edgewood Conference Center will be held March 7, 6 a.m., and 9 a.m. on March 14, June 27, July 19, Sept. 12 and Nov. 16.

Acquisition ethics training will be held 9 a.m. on March 9, May 4, June 15, Sept. 6 and Nov. 16.

There will be a sign language interpreter at the training sessions, May 11, 9 a.m. Post Theater and July 19 at the Edgewood Conference Center.



Chapel services

Catholic Main Post Chapel, 8:45 a.m. South Post, 10:45 a.m. Gospel Main Post Chapel,	noon Protestant Main Post Chapel, 10:15 a.m. South Post, 9:15 a.m.
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Movies

There will be no movies Feb. 24 and 25 due to the Wilbert Davis Gospel Night performance in the APG Post Theater at 4 p.m. on Feb. 26.

Community Notes

**FRIDAY
FEBRUARY 24
BASKET BINGO**

Basket bingo to benefit the Military and Civilian Spouse's Club will be held at the Aberdeen Fire Hall, located on Rogers Street, 7 p.m. Doors open at 6 p.m. Tickets cost \$10; additional sets cost \$5 each. Food, drinks and baked goods will be available. No smoking is allowed.

This is one of MCSC's main fundraisers and benefits various welfare requests from the community and also will provide the funds for scholarships awarded at the end of this school year.

For more information or to purchase tickets, call Gloria Debery, 410-273-1926, Moria Kearney, 410-836-5937 or Brenda Conjour, 410-273-7332.

**SATURDAY
FEBRUARY 25
BASKET BINGO**

Basket bingo to benefit the USNTC Bainbridge Historical Association will be held at the VFW Post 8185, Route 222, Port Deposit. Doors open 6 p.m.; bingo begins 7 p.m. Tickets cost \$10 per person for all paper cards. Food, beverage and baked goods, door prizes and raffles will be available. No smoking is allowed. For more information or to purchase tickets, call Anne Gibson, 410-378-3338, Carolyn Spencat, 410-378-3219 or Brenda Conjour, 410-273-7332.

BASKET BINGO

Basket bingo to benefit the purchase of Little Love Bugs Day Care playground equipment will be held at VFW Post 8185, Route 222, Port Deposit. Doors open at 6 p.m., bingo starts at 7 p.m. Tickets cost \$10 per person for all paper cards. Food, beverages, baked goods, door prizes and raffles will

be available. No smoking is allowed.

For more information or to purchase tickets, call Anne Gibson, 410-378-3338 or Shasta Coale, 410-658-2026.

**TUESDAY
FEBRUARY 28
PANCAKE SUPPER**

The women of St. James A.M.E. Church, 617 Green Street, will host a Pancake Supper, 4 to 7 p.m. The menu includes pancakes, sausage, sausage gravy, bacon, eggs, fried potatoes, fried apples, orange juice, coffee and tea. The cost is \$7 per adult and \$3.50 for children under 8 years. Proceeds to benefit the Annual Women's Day program on March 26.

For more information or to purchase tickets, call 410-939-2267 or 443-799-2429.

**SATURDAY
MARCH 4
ARC FUND RAISER**

The Arc Northern Chesapeake Region will hold its second After dArc event, 7 p.m. to midnight, at the Maryland Golf and Country Clubs, Bel Air.

Celebrity chiefs will include Channel 2 News Sports director Scott Garceau and former Orioles player Al Bumbry, Harford County Executive David Craig and Mrs. Craig, Delegate Bill Cox, Fred Simmons, the mayor of Aberdeen and more.

Activities will include a silent and live auction, raffle tickets, wine tasting, music and dancing. Auction items include two round trip Air Tran tickets, a Puerto Rico vacation package, spa packages and more. Entertainment will be provided by Wright Still of DJ Saxman, who will perform live saxophone.

Tickets cost \$125 per person.

For more information or to purchase tickets, call Anna Lambdin, 410-879-6785 ext. 350 or e-mail eorbino@arcn-cr.org.

BASKET BINGO

Basket Bingo to benefit the Perryville High School Class of 1986 Reunion, will be held at VFW Post 8185, Route 222, Port Deposit. Doors open at 6 p.m., bingo starts at 7 p.m. Tickets cost \$10 per person for all paper cards. Food, beverages, baked goods, door prizes and raffles will be available. No smoking is allowed.

For more information or to purchase tickets, call Anne Gibson, 410-378-3338, Stephanie Gibson, 410-378-2672, or Becky Wagoner, 410-658-1126.

**SATURDAY
APRIL 1
CONFERENCE FOR
CAREGIVERS**

The Geriatric Assistance and Information Network, GAIN, and the Harford County Office on Aging will hold the 9th annual "Caring for Those Who Care" Conference for caregivers, 8:30 a.m. to 3 p.m. at the McFaul Activities Center, 523 West MacPhail Road, Bel Air.

This year's conference will focus on practical advice and tips for the caregiver. Mental Health Players will present Caregiving Chaos, a series of interactive skits.

The conference is free; space is limited. Free adult day care service will be available by reservation only. To arrange for this service, call Active Day Services of Harford, 410-676-0997. For more information or to make a reservation, call the Office on Aging, 410-638-3025.

Driving using cruise control and on slippery roads

Story by
RON KRAVITZ
DSHE

The cruise control in cars is designed for normal road conditions. It doesn't know when the pavement is slippery. Under slick conditions, drivers need to be in complete control and monitoring road conditions. Drivers are more likely to notice hydroplaning when not relying on the cruise control.

With some cars, it is possible that the wheels will actually spin faster when the cruise control is on and the car hits a slippery spot. When the tires make contact with firm road again, the car can skid or lose

control. On most cars, the cruise control is disengaged by tapping on the brake. In an emergency, this adds a fraction of a second to the response time as well as the risk of the braking action itself causing a loss of control on a slippery road.

Safe winter driving tips

- Clear snow and ice from all windows and lights, even the hood and roof, before driving.
- Pay attention. Don't try to out-drive the conditions. Remember the posted speed limits are for dry pavement.
- Leave plenty of room for stopping.
- Leave room for maintenance vehicles and plows. The law requires drivers to slow down or move over when approaching emergency or maintenance vehicles, including snowplows, parked on the side of the road when they have their flashing lights turned on. If a driver is approaching a parked emergency or maintenance vehicle during a winter storm and decides to change lanes, care should be taken. The passing lane may be in worse shape than the driving lane. There may also be a snow ridge between the two lanes. Avoid making an abrupt lane change. If approaching a snowplow, stay back at least 200 feet and don't pass on the right (It's the law).
- Know the current road conditions. Check local weather broadcasts.
- Use brakes carefully. Brake early. Brake correctly. It



http://www.gabriola.org/graphics/Photographic%20Galery/snow_Jan2005/winter_driving.jpg

takes more time and distance to stop in adverse conditions.

- Watch for slippery bridge decks, even when the rest of the pavement is in good condition. Bridge decks will ice up sooner than the adjacent pavement.
- Don't get overconfident in a 4x4 vehicle. Remember that the four-wheel drive vehicle may get going quicker than other vehicles but it won't stop any faster. Many 4x4 vehicles are heavier than passenger vehicles and actually may take longer to stop. Don't get overconfident in the 4x4 vehicle's traction. A 4x4 can lose traction as quickly as a two-wheel drive vehicle.
- Do not pump anti-lock brakes. If the car is equipped with anti-lock brakes, do not pump brakes in attempting to stop. The right way is to "stomp and steer."
- Look farther ahead in traffic than normal. Actions by cars and trucks will alert drivers quicker to problems and give them a split-second extra time to react safely.
- Remember that trucks are

heavier than cars. Trucks take longer to safely respond and come to a complete stop, so avoid cutting quickly in front of them.

- Go slow.
- Use the turn signal when changing lanes. Give plenty of warning before changing lanes or making a turn so other drivers know your intentions.
- Don't drive on bald or badly worn tires. Make sure your tires are evenly inflated with the proper air pressure.
- Know your vehicle. Read the Owners Manual.
- Adjust to road conditions. The faster the vehicle is going, the more distance it will take to turn, slow or stop.
- Slow down at the first sign of rain, snow or sleet. When the road is slippery, the vehicle's tires do not grip as well as they do on a dry road.
- Allow extra time to reach your destination when roads may be slick. Consider delaying the trip.
- Drive with the headlights on.
- If at all possible, do not drive when the roads are icy.

AER spouse education assistance program expands

ACS

Army Emergency Relief is expanding their Spouse Education Assistance Program to the United States.

The stateside SEAP is a need-based education assistance program designed to provide spouses of active duty Army Soldiers and widow(ers) of Army Soldiers who died while on active duty with financial assistance in pursuing their educational goals. The purpose of the program is to assist spouses and widows in furthering their education to afford them increased occupa-

tional opportunities.

Financial assistance is provided as a 'grant' and is awarded based on financial need as evidenced by income, assets, family size, special financial obligations and circumstances, with the maximum amount of \$2,500 for academic year 2006/2007.

The scholarships are awarded annually for up to four academic years to attend post secondary school full time as undergraduate level students. Second undergraduate or graduate level courses are not included. The scholarship

money can be used for tuition, books, supplies and fees and will be paid by AER directly to the college or university.

Applications are available for downloading on AER's Web Site, www.aerhq.org; at the APG AER Office, building 2754, room 201; or by mail from Headquarters AER, Stateside Spouse Education Assistance Program, 200 Stovall Street, Alexandria, VA 22332-0600.

The deadline for receipt of complete applications for the upcoming academic year 2006-2007 is May 22. Mailed applications and supporting documents must be received or postmarked by May 22 or earlier to be considered on time.

Additional information on this new program may be found on AER's Web Site, www.aerhq.org, within the Army Emergency Relief Officer's Reference Manual (Education); at installation AER offices; or by e-mailing Diann Evans at AER headquarters, diann@erhq.org.



**Channel 21 features
Pentagon Channel programming**

The Pentagon Channel will feature the following programs on Channel 21. These programs are subject to change each week and will be updated accordingly.

- Monday**
Focus on the Force, 5:30 a.m.
American Veteran, 9:30 a.m. and 9:30 p.m.
Army Newswatch, 11 a.m.
Inside Afghanistan, 1 p.m.
Army Newswatch, 3 p.m.
Around the Services, 5:30 p.m.
- Tuesday**
Around the Services, 8 a.m. and 8 p.m.
Focus on the Force, 1 p.m.
Army Newswatch, 3 p.m.
Freedom Journal Iraq, 4 p.m.
Army Newswatch, 7 p.m.
Navy/Marine Corps News, 9 p.m.
- Wednesday**
Around the Services, 8 a.m.
Army Newswatch, 9:30 a.m. and 9:30 p.m.
American Veteran, 1 p.m.
Inside Afghanistan, 2 p.m.
Freedom Journal Iraq, 4 p.m.
Navy/Marine Corp News, 5 p.m.
Around the Services, 8 p.m.
- Thursday**
Around the Services, 8 a.m. and 8 p.m.
Army Newswatch, 9 a.m. and 9 p.m.
Focus on the Force, 1 p.m.
Navy/Marine Corp News, 3 p.m.
American Veteran, 5 p.m.
- Friday**
Around the Services, 5:30 a.m. and 8 p.m.
Around the Services, 12:30 p.m.
Army Newswatch, 3 p.m.
Freedom Journal Iraq, 4 p.m.
- Saturday**
Around the Services, 5:30 a.m.
Inside Afghanistan, 7:30 a.m.
American Veteran, 1:30 p.m.
Opportunity Showcase, 3 p.m.
Sun City Soldier, 5:30 p.m.
Battleground, 7 p.m.
Recon, 8 p.m.
- Sunday**
Sun City Soldier, 5:30 a.m.

- Freedom Journal Iraq, 10:30 a.m.
American Veteran, 1 p.m.
Freedom Journal Iraq, 4:30 p.m.
Around the Service, 7:30 p.m.
Battleground, 9:30 p.m.
- Army Newswatch – Bi-weekly report on the men and women of the Army
Around the Services – From the Pentagon Channel NewsCenter, daily half-hour program featuring military news from top defense officials and the military services from around the world
RECON – A monthly information television program providing an in-depth look at a variety of topics, highlighting the accomplishments of U.S. Military men and women.
Your Corps – Monthly view of the men and women of the Marine Corps
Freedom Journal Iraq – A daily news program produced by American Forces Network Iraq. The program focuses on military missions, operations and U.S. military forces in Iraq
Navy Marine Corp News – A weekly look at the men and women of today’s sea service.
Opportunity Showcase - A monthly program dealing with a variety of subjects that benefit small business owners, transitioning military members and other subjects of opportunity-produced by the United States Air Force
The American Veteran - A half-hour video news magazine designed to inform veterans, their families and their communities about the services and benefits they have earned through their service to America and to recognize and honor that service
Battleground - Every weekend, this series features historic films from WWII, Korean War, and the Vietnam War. A Pentagon Channel Original Series
Focus on the Force – A weekly program highlighting missions, operations and people of the U.S. military.
Inside Afghanistan – Presents the latest from Operation Enduring Freedom, showing the activities of American Troops in country.

Corps

From page 2
ings that address adult responsibilities and other issues.
"You go in a kid but you come out a man and you stay that way," he said.
Nakeema Murray, 17,

added that the visit reinforced her goal to become certified in facility maintenance.
"I used to help my dad fix things around the house but I lost my motivation in school," she said. "Now all I want to do is finish high school, get my certification, gain some experience and eventually own my own business."

"The best thing about taking them to places like APG is that they get to see others their same age making something of themselves," King said.
"They look around and realize 'Hey, I can do that too.'"



Morale, Welfare & Recreation

Activities

Registration

Register for any MWR event by visiting the specific facility for the event, mailing in a registration form found in an MWR Program Brochure, visiting MWR Registration, building 3326, or visiting online at www.apgmwr.com. Unless otherwise stated, bus trips depart from the Best Western, Vitali's in Edgewood.

Washington Wizards vs Charlotte Bobcats

The MWR Ticket and Leisure Travel Office has a limited number of tickets available for the March 15 game at the MCI Center in Washington D.C. The game begins at 7 p.m. and tickets cost \$36.

National Aquarium in Baltimore price increase

The MWR Ticket and Leisure Travel Office will continue to sell National Aquarium tickets for adults at \$17, active duty for \$14 and children \$9.25 through Feb. 24 and they will be accepted for

entry in 2007. The new tickets will not be available until March 13. For more information, contact the travel office at 410-278-4907/4011.

A day in Washington D.C.

On March 23, spend the day in Washington, D.C. touring the National World War II Memorial. After the memorial, enjoy lunch at Two Quails Restaurant located on Victorian Capitol Hill followed by a visit to the National Museum of the American Indian. The cost is \$65 and includes roundtrip transportation and lunch.

Bowling lessons

Learn the basic fundamentals of bowling on Saturdays, 11:30 a.m., March 18 through April 8. These classes will teach bowlers how to hold the ball, where to stand on approach and the basic four-step approach. The class is open to children ages 6 to 18.

Piano lessons

Thirty-minute lessons will be held 2 to 7:30 p.m., March 17 through June 9 at the Aberdeen Youth Center. Space

is limited, register before March 14. Students will be responsible for purchasing the required books for the course as recommended by the instructor.

NASCAR at Dover Speedway

There are a limited number of tickets available for members of the military community for the June 4 race. Seats are first-come, first-serve and cost \$86. Tickets are also available for the Busch series race on June 3 at Dover International Speedway for \$37.

NASCAR Busch Series Night Race

Tickets are available for The Circuit City 250 at Richmond International Raceway May 5. Tickets cost \$28, and the Party Zone package is \$88. The ticket to this event includes NASCAR Nextel Cup Series practice and qualifying which takes place prior to the race. Children 12 and under are free in general admission sections. The Party Zone package is a hospitality package that includes a pre-race pit pass.

White House tour

Just in time for cherry blossom season, this May 13 visit to Washington D.C. includes an escorted tour of the White House and a visit to the World War II Memorial, as well as free time to visit other sites. The trip will depart at 6:30 a.m. and costs \$30. Space is limited.

Horse care, stable management class

The class will teach grooming, feeding, foot care, safety procedures, stall preparation, pasture management, saddle and bridle training. Classes will be held 10 to 11 a.m., April 8 and 15. Children under 12 will receive a free pony ride after the class on April 15.

Swan Lake

The Lyric Opera House is hosting a production of Matthew Bourne's Swan Lake 8 p.m., May 13. Bourne has created a passionate and contemporary Swan Lake for the times. Bourne's production has won more than 30 international theatre awards, including three Tony Awards. This production is powerful, provocative and original. This is its 10th anniversary season. Tickets are available through MWR Registration for \$70.

Riverdance

Riverdance is the internationally acclaimed celebration of Irish music, song and dance. This production returns to the Lyric Opera House 2 p.m., May 20. Tickets are available through MWR Registration for \$65.50.

The Lion King on Broadway

On May 27, watch as giraffes strut, birds swoop and gazelles leap. The entire plateau comes to life, as the music soars and Pride Rock slowly rises out of the stage. This is "The Lion King." Marvel at the breathtaking spectacle of a blaze of fabulous imagination. Thrill to the pulsating rhythms of the African Pride Lands and an unforgettable score including Elton John and Tim Rice's Oscar-winning "Can You Feel the Love Tonight." Before the show, there will be time to shop and explore in New York City. Tickets are \$175 and the seating is limited.

A day in NYC

Enjoy the day in New York City April 8. There is no set agenda--see a show, shop, site see or just relax in the park. The bus will leave at approximately 8:15 a.m. and return

around 10 p.m. The cost is \$39 and space is limited.

Cape May Victorian era tour

Take a glimpse into the lifestyles of the rich and famous Sunday, April 30 with a tour of the lavishly restored 1879 Physick Estate and three artfully restored Victorian inns. A tour guide will point out highlights of the gingerbread trimmed architecture along the Trolley Tour Historic District. Tour will leave around 7 a.m. and space is limited. Cost is \$88 and includes transportation, tour and lunch.

Cape May Lighthouse cruise

Visit historic and picturesque Hereford Inlet Lighthouse on April 19. The lighthouse was a beacon of safety and assurance to the 19th century mariners and has become a focal point for residents and visitors of this seashore resort community. Next, step aboard the Delaware Bay Lighthouse Adventure for a three-hour cruise. Lunch will be served onboard. After the cruise, enjoy a guided coach tour of Cape May Point and lighthouses. Cost is \$140 and includes transportation, cruise, lunch and tour.

NAF Equipment Sale

The APG Morale, Welfare and Recreation Fund has a 1992 Black Bear Shed, 12' by 32' with a treated floor and plywood exterior, for sale. Interested patrons can view it in the parking lot of building 2407.

The sale will be through sealed bids. The minimum bid is \$750. Payment may be received by cash or check. All bids should be mailed to MWR Fund, P. O. Box 627 and clearly marked Ruth Overbay, or, they may be turned into building 2727.

All bids must be received by 4 p.m., March 2. There will be no refunds and equipment is sold as is. Purchaser must remove item within five days after sale.

SCHOOL LIAISON

Applying for the Bernard Curtis Brown II Memorial NASA Space Camp Scholarship

The Bernard Curtis Brown II Memorial NASA Space Camp scholarship gives military-connected children the opportunity to have an extraordinary experience which brings together the worlds of service, science, and learning.

NASA Space Camp is a place where children come together for a journey they will never forget, learning about astronauts and space travel, and developing bonds of friendship. This is a microcosm of the life of military children. They travel, they learn, and they quickly bond into friendships that many times last for life.

It is fitting then that the Military Child Education Coalition™ has created a Space Camp scholarship in memory of one of its brightest and finest children, Bernard Curtis Brown II. Bernard, the 11-year-old son of Chief Petty Officer and Mrs. Bernard Curtis Brown, was killed on Sept. 11, 2001, when the hijacked airliner on which he was a passenger, crashed into the Pentagon in Washington, D.C. At the time, he was on his way to California to represent his school at a National Geographic event.

To apply, send completed application to Military Child Education Coalition™, 108 East FM 2410, Suite D, Harker Heights, TX 76548. Application deadline is April 1.

Scholarship information

Funded by the Military Child Education Coalition™, the scholarship covers full



tuition including meals, lodging, program materials, and transportation (from student's home base to Space Camp and back).

About Space Camp

U.S. Space Camp is a five-day program that shows youngsters firsthand what it takes to be an astronaut. Activities include simulated Space Shuttle missions, training simulators, rocket building and launches, scientific experiments, and lectures on the past, present and future of space exploration.

Offered in Huntsville, Ala., Space Camp takes a unique, fun and hands-on approach to learning outside the classroom — and students leave with a greater appreciation for school and their studies.

For eligibility requirements and an application, visit their Web site at www.space-camp.com.

LIBRARY BOOK CORNER

Operating hours of the Aberdeen Library, building 3320, are 1 to 5 p.m., Saturday and Sunday, and 11:30 a.m. to 6:30 p.m., Monday through Thursday and closed on Friday. For more information, call 410-278-3417.

The following are a few of the new fiction titles available at the APG MWR Library:

Seas of Crisis by Joe Buff

The Two Minute Rule by Robert Crais

Nowhere is a Place by Bernice McFadden

The Deadly Embrace: a novel of World War II by Robert Mrazek

NNNN by Carl Reiner

Star Wars: Outbound Flight by Timothy Zahn

The library's Web site, www.apgmwr.com/recreation/libraries.html, provides access to the library's online catalog and also has a complete annotated listing of the library's new material, as well as a list of available films on DVD.



Social Hour

Every Friday
at *Top of the Bay*
in the Downunder lounge

5 - 9 p.m.

Free Snacks
Billiard room
Cash Bar
Games

8

Bldg 30
410-278-2552

Easter Sunday Brunch

April 16

and

Mother's Day Buffet Dinner

May 14

History

From front page

Andrews said. With African Americans as 28 percent of Maryland’s population, they are also 76 percent of the state’s prison population, Andrews said. And, with this prison time, explained Haven, 140,000 African American’s cannot vote, as voting rights are lost with a felony conviction. “No vote, no voice, no power,” Haven said. “You live your life as a legal ghost.” Both foundations seek law changes in the state, and are looking to take down injustices in the legal system. Maxwell Hooks spoke on behalf of the Kplio Assoc-

iation in America Liberia Project. His organization’s goal is to take school supplies and aid to children in Liberia, and to work with the new Liberian president to rid the country of poverty. The final speakers were Myrtle and Tandra Ridgely, a mother and daughter team, who founded “Grass Roots Steering Foundation, Inc.” The organization, started in 1997, looks to aid relations between blacks and police, as well as the justice system. Their advocacy work on a community level is aimed at keeping children in school, monitoring judges and prosecutors and getting people to vote on pressing issues. “This is one of the first black programs I’ve been to in a long time,” said Myrtle Ridgely. “You have to be socially conscious.”

Living His Dream

*I take a look at the life I live,
and contemplate its meaning.
Standing tall despite the strife it gives,
and wonder if I'm dreaming.*

*My children, symbols of equality.
my bride of another race.
The car I drive, an SUV,
but still I see the hate.*

*My brothers and sisters call me Tom,
not because its my middle name.
These brothers and sisters aren't from
my mom,
and the "Tom" implied is one of shame.*

*I have always thought that I live the
life,
that Dr. King dreamed of.
Where men and women, black or white,
saw only through eyes of love.*

*I guess it's true. Maybe I've sold out
or maybe its you, the one who doubts,
who've given up, and given out
and cannot understand what it means
to truly feel you live "his" dream.*

Sgt. Albert T. Killian
Sample Management Laboratories NCO
U.S. Army Center for Heath Promotion and
Preventive Medicine

Bonus

From front page

command sergeants major, or Retention Career Counselors or personnel serving in equivalent positions in the Army National Guard. **Bonus limitations** The bonus amount will not exceed \$1,000 per referral. This bonus will be paid in a lump sum to the referring Soldier once the qualified referral’s completion of Initial Entry Training, regardless of component, has been verified. There are no retroactive provisions to this pilot program. Defense Finance and Accounting Service and the Soldier who made the referral will be notified by USAREC when the referral graduates from Advanced Individual Training (AIT). Payments will be made directly to the referring Soldier's military pay account through an Electronic Funds Transfer within 45 days of DFAS notification.

All information provided by the referring Soldier will be authenticated by HQ USAREC to determine their eligibility. Once contact has been established with the referral, the referring Soldier will receive a letter via mail acknowledging the referral's current status. If the referral is found to be unqualified anytime during processing or does not ship to IET, the referring Soldier will again receive a letter via mail; however, due to privacy requirements the exact reasons for disqualification or failure to complete training will not be disclosed. **Referral process** The referring Soldier must establish an account via the SMART Web site and submit the referral through the process via the SMART link at <https://www.usarec.army.mil/smart> or through the USAREC toll free line at 800-223-3735 extension 6-0473. Soldiers who wish to make a referral for the Army National Guard can refer them to 1-800-GO-GUARD.

Maryland Army National Guard announces new incentives

MDARNG

The Maryland Army National Guard has announced that it has met its first quarter recruiting goal for 2006 and is offering new incentives for its members who assist in identifying qualified individuals to join. Traditional members of the National Guard can earn an extra \$2,000 for each new recruit who enlists and reports to Basic Training under the Guard Recruiter Assistance Program. The program is designed to recognize and reward those who help the Guard achieve its recruiting goals. “These Guard Recruiting Assistants are embedded in their respective communities and are uniquely positioned to identify potential Soldiers through their day-to-day rela-

tionships,” said Maj. Gen. Bruce F. Tuxill, the adjutant general for Maryland. “This is an effective strategy to promote strength from within.” Current members of the National Guard can qualify to become a Guard Recruiting Assistant through a simple online process. The G-RAP is a contracted program designed for individuals who voluntarily apply online at www.GuardRecruitingAssistant.com to become eligible to serve as a part-time Recruiting Assistant. Upon enlistment, the Recruiting Assistant will receive an initial payment of \$1,000, with a second \$1,000 payment upon successful shipment to Basic Training. For more information, visit the MDARNG Web site, www.md.ngb.army.mil.

DOC announces PR cutoff dates for 2006

ACADOC

The Army Contracting Agency Aberdeen Proving Ground Directorate of Contracting has established its fiscal year 2006 cutoff dates for submission of purchase requests.

Early customer support in identifying and submitting PRs by or before the dates shown below greatly enhances the ability of the APG DOC to meet customer needs. Early planning and coordination remain the keys to a successful year-end.

Offices are advised to submit year-end requirements as early as is reasonable to minimize the possibility of funds going unobligated at year end.

The following schedule has been established for the submission of PRs for FY 06 and maintenance for FY 07:

- Noncommercial Items over \$100,000 – July 1*
- Noncommercial Items between \$2,500 and \$100,000 – Aug. 1
- Commercial items between \$100,000 and \$5 million – July 1
- Commercial Items under \$100,000 – Aug. 15
- Services Over \$100,000 – July 1
- Delivery Orders and Task Orders Under Existing Contracts – Aug. 1
- GSA Schedule Procurements – Aug. 1
- Short-of-Award over \$2,500 – June 15**
- Maintenance for FY 2007 – July 1

(FY 07 Contract Modifications and Options for Existing Maintenance Contracts)

* There may be instances where this date may not be adequate for complex actions. It is therefore required that these actions be coordinated with the branch chief prior to this date.

**Customers submitting “short-of-award” PRs, especially for services requirements, must seriously consider whether funding will materialize. A substantial amount of effort is expended to prepare these pending actions and they must be prioritized after PRs that are funded and PRs that are subject to the availability of funds.

The above lead times can be affected by various factors, a few of which include: competition requirements, to include fair opportunity for services task orders over \$100,000 when using Federal Supply Schedules; obtaining sole, limited source or urgency approvals – the Justification and Approval process; the review process accomplished by the APG Small Business Advisor to ensure all socio-economic programs will be appropriately addressed; front-end PR entry, and PD2 (PD2 is the DoD contracting automated system used at APG).

New requirements affecting lead times

When placing sole source orders over \$2,500 under Federal Supply Schedules, a justification and approval must be prepared and approved by a contracting officer.

When purchasing supplies or services over the simplified acquisition threshold (currently \$100,000) using non-DoD contract vehicles (which includes placing orders with GSA), proposed actions must be reviewed and approved considering:

- If the action is in the Best Interest of the Government – satisfying customer requirements, schedule, cost effectiveness (taking into account, discounts and fees), and contract administration including oversight.
- Other factors which must be

addressed: determining that tasks or supplies ordered are within the scope of the contract; ensuring funding is used IAW appropriation limitations; providing unique terms, conditions and requirements for incorporation into an order or contract to comply with all applicable DoD-unique statutes, regulations, directives and other requirements (e.g., all clothing, shoes and other items specified under the Berry Amendment, procured with DoD funding, is of domestic origin); and collecting data on the use of assisted acquisitions for analysis.

Information technology

Desktop and notebook computer purchases: To maximize cost savings, all Army desktops and notebooks shall be ordered through the Consolidated Buy program utilizing the Army Desktop and Mobile Computing agreements. For the policy memo issued by the Army’s Chief Information Officer on July 22, 2005, Buying Schedule, Specs and Pricing, Submittal Instructions, Request Preparation, Exception and Frequently Asked Questions, visit the Consolidated Buy page at https://ascp.monmouth.army.mil/scp/cb/cb_index.jsp. Requests for these items must be submitted to the Directorate of Information Management. For standard requests, DOIM will approve the request and forward it to the ACA DOC for processing. For non-standard requests, DOIM will review and validate the request and then forward it to ACA. For more information, contact the ACA APG DOC chief, Technology Branch, 410-278-0883.

The contracting officer is responsible for and this office’s policy is to determine the best method of procuring any supply or service based upon

regulation, urgency, delivery, socio-economic concern and competition which provides the best value at a reasonable price.

Submission of requests after the scheduled dates will be considered on a case-by-case basis and will require approval by the chief of the Contracting Division.

The APG DOC will do as much as possible to assist customers in satisfying their requirements after the cutoff dates. However, the directorate has a limited capability to process late requirements.

Budgetary constraints may mean that customer-funded overtime may be the only method to provide the directorate with additional flexibility to accept requirements after the established dates.

Individual contacts

Joyce Roberts, Contracting Division joyce.roberts@us.army.mil, 410-278-0869

Facilities Branch: For repair, alteration, construction, sale and removal of excess real property, services for base operations functions (including, but not limited to, utilities privatization, custodial, refuse, underground utilities locating, etc.), equipment-in-place and facilities contact Martha Mitchem, martha.mitchem@us.army.mil, 410-278-2362.

Services Branch: For general and specialized services for mission support; range testing of vehicles, equipment, ammunition; lease, rental, and maintenance of equipment; full food services; environmental services; equipment-in-place and other base operations services, contact Shirley Kelly, shirley.a.kelly@us.army.mil, 410-278-0854.

Technology Branch: For ADP

equipment; word processing equipment; software; general, specialized, and test equipment; instrumentation; supplies and ADP maintenance and services contact Ginny Corona, Ginny.corona@us.army.mil, 410-278-0883.

The ACA APG DOC Web site is located at <http://www.apg.army.mil/apghome/sites/installation/aca/>.

The fiscal year cutoff dates for submission of PRs are located at this site under “Announcements, News, and Notes.” For customer assistance, use the recently added link, “Customer Corner,” for guides, templates, formats and helpful Web sites.

Purchase requests awarded “subject to the availability of funds” must be funded as soon as funds become available. The work must start and the contractors must be paid – this is not accomplished until the funds are certified.

Preparation of PRs

When preparing PRs in PRWEB (formerly known as Acquiline):

Do not use any dashes or spaces in the PR number.

When preparing attachments for any electronic document to be used by contracting, submitters **must** use Normal, Times New Roman, 10. The contracting writing system used by Contracting cannot format correctly if a font other than Normal, Times New Roman, 10 is used or if any special characters are used in the document.

Do not use page breaks, section breaks, column brakes or special characters such as trademark signs, tm, ®, <, etc., in any document that will be used in a purchase order or contract.



Bridging the gap in dental care

APG Dental Clinic Command

The Oral Health Initiative is a tri-service dental referral program designed to increase the wellness of U.S. Army Soldiers and is effective until Oct. 1.

The goal of the program is to complete the dental treatment plans of Soldiers who need routine dental care. Soldiers must have 90 days remaining on active duty status to participate in the program.

Soldiers who have 100 percent of their dental needs completed suffer far fewer emergencies, both in garrison and in the field, according to Lt. Col. Colleen C. Shull, commander, APG Dental Clinic Command.

To expedite their dental treatment, Soldiers may be referred to a civilian practitioner for specific cleanings, fillings, crowns, bridges, partial dentures, dentures and root canals. Restrictions include, but are not limited to, orthodontics, periodontal surgery, and cosmetic dentistry. Soldiers who are eligible to participate may select any one of the dentists on the clinic’s list of local dentists.

To obtain a referral to a civilian dentist for specific dental treatment, Soldiers should contact the APG or Edgewood Dental Clinic to have his/her dental record screened. If the Soldier meets guidelines, the APG and Edgewood Dental Clinics

will schedule an appointment at the post clinic to process the required voucher and paperwork needed for participation in the program. The Soldier must take this paperwork to the civilian dental practitioner at their first appointment. This voucher is good for 45 days.

“This is a terrific opportunity for service members to get their dental work completed and there is no cost to the Soldier,” Shull said.

Eligible Soldiers should call the dental clinic to schedule an appointment: Aberdeen Clinic, 410-278-1795/1796 or Edgewood clinic, 410-436-3481 between 8 a.m. and 3 p.m.

Mouthguards: a smart choice for protecting teeth

American Dental Association

(Editor's note: This is the fourth in a series of articles for Children's Dental Month.)

Each year, thousands of teens get hurt on the playing field, the basketball court, or while skateboarding, biking or during other activities. Blows to the face in nearly every sport can injure the teeth, lips, cheeks and tongue.

A properly fitted mouthguard, also called a mouth protector, is an important piece of athletic gear that can help protect teeth and gums. Mouthguards are worn by players in contact sports, such as football, boxing and ice hockey.

However, a person doesn’t have to be wearing it on the football field to benefit from a mouthguard. New findings in sports dentistry show that even in non-contact sports such as gymnastics, rollerblading and field hockey, mouthguards offer substantial protection. Many experts recommend that a mouthguard be worn for any recreational activity that poses a risk of injury to the mouth.

There are three types of mouthguards: the ready-made or stock mouthguard; the mouth-formed “boil and bite” mouthguard and the custom-made mouthguard made by a dentist. All three provide protection but vary in cost and comfort.

The most effective mouthguard should have

several features. It should be resilient, tear-resistant and comfortable. It should fit properly, be durable and easy to clean and not restrict speech or breathing.

Generally, a mouthguard covers only the upper teeth, but in some cases the dentist will instead make a mouthguard for the lower teeth. Any dentist can suggest the right mouthguard for the wearer.

Caring for mounthguards

Before and after each use, rinse it with cold water or with an antiseptic mouth rinse. It can be cleaned with toothpaste and a toothbrush, too.

When it is not being used, place the mouthguard in a firm, perforated container. This permits air circulation and helps prevent damage.

Avoid exposing the mouthguard to high temperatures, such as hot water, hot surfaces or direct sunlight, which can cause distortion.

Examine the mouthguard for tears and holes. A mouthguard that’s torn or in bad shape can irritate the mouth and lessen the amount of protection it provides.

Have regular dental checkups and bring the mouthguard to dental appointments so the dentist can make sure it’s still in good condition.

Don’t take teeth for granted, protect a smile with a mouthguard.

Kirk U.S. Army Health Clinic training for AHLTA

KUSAHC

The staff at Kirk U.S. Army Health Clinic is currently training on the new Armed Forces Health Longitudinal Technology Application, a state-of-the-art clinic information system that generates and maintains a comprehensive, lifelong, computer-based patient record for each military health system beneficiary.

Old information will re-main in the patient's medical record.

“Our goal is to attain computerized paperless medical records,” said Lt. Col. William Rice, commander, KUSAHC.

DoD proposes TRICARE hikes for younger military retirees

Story by
GERRY J. GILMORE
American Forces Press Service

The Defense Department is proposing that working-age military retirees and their families pay higher premiums to help address rising health care costs that have doubled over the past few years, senior DoD officials said Feb. 8.

The proposed changes would apply only to eligible military retirees under age 65 and their families, officials said. There would be no change for active duty military or their families, or military retirees age 65 or older and their families.

When the TRICARE health care program for active duty and retired military members and their families was established in 1995, retirees then were contributing about 27 percent of the cost of their benefit, Dr. William Winkenwerder Jr., the assistant secretary of defense for Health Affairs, said during an interview with Pentagon Channel and American Forces Press

Service reporters at the Pentagon.

However, military health care costs doubled from \$19 billion in 2001 to just over \$37 billion in the 2006 defense budget, Winkenwerder said. And today's average military retiree contribution for health care coverage has dropped to about 10 to 12 percent, he added.

“Their contribution did not change, while the value of the benefit continued to rise,” Winkenwerder said.

If approved by Congress and signed off by the president, the proposed TRICARE rate hikes for retirees under age 65 would be phased in over fiscal 2007 and 2008. That should bring up younger retirees’ share of TRICARE costs closer to the 1995 level, he said.

By comparison, Winkenwerder said, civilians under private plans generally pay between 35 and 40 percent of their health care costs.

The current TRICARE Prime annual enrollment fee

for retirees is \$230 for individuals and \$460 for families for both enlisted and commissioned military retirees, according to DoD documents. The proposed changes would increase TRICARE Prime enrollment fees for junior enlisted retirees at pay grades E-6 and below to \$325 per individual and \$650 for families by October 2008.

Enlisted retirees at pay grades E-7 and above would pay \$475 for individuals and \$950 for families by October 2008 under the proposed changes. And retired officers of all ranks would pay \$700 per individual and \$1,400 per family.

After that, the share of health care costs paid by military retiree would be indexed to the Federal Employees Health Benefits Program that covers federal workers and retirees.

If nothing is done now, then DoD could be paying \$64 billion for military health care in 2015, Marine Gen. Peter Pace, chairman of the Joint Chiefs

of Staff, said Feb. 8 during his testimony before the House Armed Services Committee.

Another reason for increased DoD health care costs, Pace told the committee, is that many younger military retirees are using their TRICARE health care benefits at the behest of their civilian employers, rather than access company health plans.

Finding ways to manage increased military health care costs “is something we just have to face up to, because it’s an enormous amount of money,” Defense Secretary Donald H. Rumsfeld said to committee members at the same House hearing with Pace.

The alternative to not raising rates, Winkenwerder said, would be to degrade a first-class benefit for retired military members and their families.

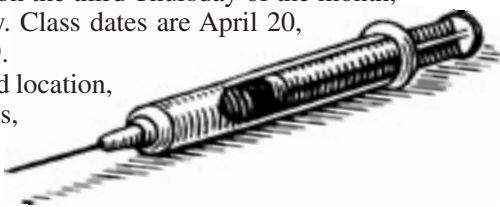
“You can see our benefit is a much better benefit, and we want to keep it that way,” Winkenwerder said.

KUSAHC Shots

KUSAHC changes date of class

The Self-Care Class previously scheduled to be presented monthly at Kirk U.S. Army Health Clinic is now scheduled from 10 to 11 a.m. on the third Thursday of the month, starting in February. Class dates are April 20, July 20 and Oct. 19.

For questions and location, call Yvonne James, 410-278-1964.



Body armor, protective equipment reimbursement claims program unveiled by Army Secretary

Story by
ERIC FEUSTEL
OSJA

In November 2005, the Secretary of the Army implemented the Department of the Army’s program to reimburse Soldiers and others (such as a Soldier’s family members) who purchased body armor and protective equipment for use in certain contingency operations.

Active duty, Army Reserve and National Guard Soldiers, in addition to former Soldiers and survivors of deceased Soldiers, may file a claim for privately purchased protective equipment if the Soldier-recipient was not issued equivalent equipment by the Army prior to deploying to Operation Noble Eagle, Enduring Freedom or Iraqi Freedom.

The Army will reimburse claimants for protective body armor, combat helmets, ballistic eye protection, hydration systems, summer weight gloves and knee and elbow pads.

Body armor includes a complete outer tactical vest or the separately-purchased components of an OTV, such as Small Arms Protective Insert plates.

To qualify for reimbursement, the equipment must have been purchased after Sept. 10, 2001, and before April 1, 2006.

Claimants must provide the privately purchased protective equipment to the Army at the time the claim is filed or provide a written explanation establishing good cause for waiver of this requirement.

All claims must be filed no later than Oct. 3, 2006.

Claimants who submit proof of the purchase price of the protective equipment will be reimbursed the purchase price plus shipping costs, up to \$1,100 for each item. Claimants who do not provide adequate proof will be reimbursed at a rate predetermined by the Department of the Army.

Active and reserve component Soldiers can file a claim

by completing and submitting a DD Form 2902 to the first field grade commander in the current chain of command. The DD Form 2902 must be accompanied by proof of deployment and proof of purchase for the items claimed. Soldiers must also turn in all reimbursable items to their commander at the time the claim is filed or provide a written statement explaining why the items are not available.

Former Soldiers and survivors of deceased Soldiers should complete a DD Form 2902 claim form and mail it directly to the U.S. Army Claims Service at the address provided in block 12 of the DD Form 2902.

As with claims submitted to a commander, the claim must be accompanied by proof of deployment, proof of purchase and the item for which reimbursement is sought or a written statement explaining why the item is not available. Shipping costs for items delivered to USARCS are compensable and should be noted on the DD Form 2902.

Filed claims will be processed by USARCS and

paid by the Defense Finance and Accounting Service.

USARCS, or the claimant’s chain of command, will inform the claimant of any deficiencies in a claim and will provide the claimant with ample opportunity to correct deficiencies.

Information on the body armor and protective equipment reimbursement program, to include a list of reimbursable items and predetermined compensation rates, is available to the public at **www.jagcnet.army.mil** by selecting the U.S. Army Claims Service link and then accessing the “Protective Gear Reimbursement Program” link.

Potential claimants can obtain a printable DD Form 2902 through this link.

For assistance with filing a claim and for additional information, claimants and commanders can also contact Maj. Paul Cucuzzella, project officer, USARCS, at paul.cucuzzella@emh1.ftmea.de.army.mil or at 301-677-7009 ext. 431.

Soldiers can still file all other claims at Aberdeen

Proving by contacting the Claims Office, Office of the Staff Judge Advocate, 410-278-1109 or by stopping by building 310.



www.paracletearmor.com/Vests/RMV0019.htm

Cycle

From front page

lunch time, and consists of a morning of practicing skills such as making an emergency stop, stopping on a curve, swerving multiple times in succession, braking then swerving and then classroom instruction along with a written exam. Students must also pass a riding exam.

If selected for a course, a rider will be sent an e-mail from the instructor confirming selection for the training.

Riders not scheduled for the course will not be allowed

to ride on the installation until they take the course.

This course is not to teach a person how to ride a motorcycle so they can get a license but it is to sharpen a licensed rider’s skills.

People who wish to learn how to ride a motorcycle should call the Motor Vehicle Administration and request to be scheduled in the Basic Riders Course at one of their training sites.

People who ride motorcycles that have three wheels, (a trike) or have a side car attached to the motorcycle do not have to take the course but are still required to wear the proper riding clothing as someone riding a two-wheeled

motorcycle.

Classes will start in March of this year. The class is limited in size to eight people. Riders who need to take the course should register soon. Priority of selection will be military first, government employee’s second, family members third, retirees, contractors and all others, last.

Class dates are: March 22 and 29, April 19 and 26, May 10 and 17, and June 7, 14 and 21.

To get scheduled to take the course or for more information, contact instructor David Backert by e-mail at dwb-vast@aol.com or call him at 443-910-1213.